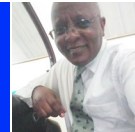




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BEING ANTISOCIAL
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KENYA TODAY
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The Diaspora Times



April 20th, 2024 Issue 237

Focus on your dreams without deadlines We fail because we do not try

Kenya To Observe Three Days Of Mourning To Honor The Fallen Top Military Officers.



Kenya Has Lost One Of The most Bright General, Together With Other Gallant Officers,

They were on a mission to reopen some of the schools closed following bandit attacks. They had also visited military officers deployed to stabilise the region. After finalizing and boarding the ill fated chopper nine died.

Ogolla first joined the Kenya Defence Forces on 24 April 1984, according to the Kenyan defence ministry's website. He was due to mark 40 years in the military next week.

He began his career as a 2nd lieutenant in the country's air force, where he trained as a fighter pilot with the US air force, the ministry says. In 2018, he became com-

mander of the air force.

Nine others killed in the crash were named as Brig Swale Saidi, Col Duncan Keittany, Lt Col David Sawe, Maj George Benson Magondu, Capt Sora Mohamed, Capt Hillary Litali, Snr Sgt John Kinyua Mureithi, Sgt Cliphonce Omondi, and Sgt Rose Nyawira.



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SPACE UP for GRABS

Page 03
It's very disturbing today that the progressive agenda outlined by the Kenya Kwanza regime in their campaign pledges before the 2022.....cont.....

Page 03 Charles Kabiriri
OPINION
NEW KENYA MOVEMENT



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FALLEN HEROES
Michael Christopher Kijana
Wamalwa 1944 -2003)

***** Awareness of ignorance is the beginning of wisdom. *****

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HIGHLIGHTS . LAUGHTER P. 4 . THOSE WHO LEFT US P. 6 . WORLD NEWS P.3 . WELLNESS P.18

Nyambura and her teammate Keshvee Sekhda developed a mobile app prototype called **IdentiCan** to identify breast, lung and skin cancer in the year 2023.



Regeneron ISEF 2024, the world's largest pre-college STEM competition, will take place from May 11-17 in Los Angeles, California, at the Los Angeles Convention Center. Regeneron ISEF 2024 will be a fully in-person event complemented by a virtual site where finalists will share their projects online. All judging and events will be in-person.



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Charles Kabiriri
Political Activist
New Kenya Movement
For Change

The country is losing its best ones on road and air carnage

The Affordable Housing project In Kenya was not in the KK manifesto.

It's very disturbing today that the progressive agenda outlined by the Kenya Kwanza regime in their campaign pledges before the 2022 general elections, never mirrored out that key to their role out on economic agenda was... Affordable Housing project.

The Affordable Housing project was not in the KK manifesto as they claim. Neither was their a discussion with the people during the campaign time that we the people, will fund such a project. It was all out of the blues!

The Kenya Kwanza government took power and immediately shortchanged those who propelled it to the helm. The level of unemployment in the country keeps surging and while the Kenya kwanza regime is a monster that uses tax payers money to fund its lavish lifestyle, it has remained adamant in opening a new page on industrialization to fall in line with the great infrastructural network that was funded by tax payers money during the fourth regime and push this country into a mid-industrial state taking the Eastern

The Kenya Kwanza government took power and immediately short-changed those who propelled it to the helm. The level of unemployment in the country keeps surging and while the Kenya kwanza regime is a monster that uses tax payers money to fund its lavish lifestyle,



Africa markets by our stride. Its so shallow of a president to focus on exportation of labour instead of exportation of products (finished or raw) abroad. Its so shallow too of a president to shortchanged his campaign economic promises to suggest that the affordable housing project can handle employment issues in the country. This regime is busy rising taxes one after the other to the extent that the administration has been observed as being an anti-people's economic empowerment regime which is a duplicate of well known communism ideology and with no resemblance to the least of the mask worn during campaign time talk shows told to the people at the bottom of the pyramid from whose shoulders his castle sits upon. The recent expose on fake agriculture fertilisers compromised food security in the country. The government responded so casually, notwithstanding the level of damage caused to the victims and the general public.

The government should be reminded that the citizens of this country will not take that lying low. The country is losing its best ones on road and air carnage. This back stops at the President who took over leadership of this country and instead of shaping up the nation started by lining his own pockets! The standoff between medics and the government is still ongoing after it entered its fifth week recently. The President's words over the matter are very irritating. We the people of Kenya want to remind the President that as much as he does not depend on the medics on rampage, we the people of Kenya have only them to depend on. If the president will fail to show leadership on this matter between government and the medics, there is absolutely no reason for us to continue hosting him on our shoulders. We shall have him down because we needed leadership when we had him elected.

To give solutions in all situations that arise. Two years ago, when we elected the Kenya Kwanza government, we thought it made sense but to the nation's dismay the government that was expected to show leadership is not coming up with solutions even when the country feels so much that the administration should respond. From infrotrak and other scientific agencies that provide an insight on many factors affecting the society through their survey from within the masses, majority of Kenyans believe that the country is heading in the wrong direction. Today, everything has collapsed! Education has again retrogressed from the free education to one where capitation keeps on not only being delayed but also being faced by threats of getting more slashed. When the former President Mwai Kibaki (late) took office and gave a pledge for free education in the country, an influx of a million kids was reported to

have joined school because education had become affordable.

Today, under the current regime, many pupils have again opted out of school. Parents are not able to meet the cost. This is quite retrogressive of a regime that spends so lavishly. Ksh 4 trillion in four months and nothing to show of it! What is the essence of having a government that has not been walking the talk?

If a country can no longer be able to keep its health and education sectors on course, food security is perceived to be compromised by the entry of counterfeit in agricultural products in the country, the importation by government of unfit for consumption edible oil and contaminated sugar without critical intervention by the State then it's about time Kenyans took to the streets to demand that the President own up the ills in his government and do what is noble of him to the country at large.. Resignation!

**Article By Charles Kabiriri
New Kenya Movement
For Change**

The regime has become a monster and feeds on tax payers money in a manner that if nothing is done to shape the situation, This country will have been buried in a cemetery where all our dreams shall be shattered and like the Singaporean president pointed out, we are likely to be the victims of his words.

Article By Abigirl Phiri- Zimbabwe



Being antisocial is a mental strain on its own.

Research has it that psychopaths are antisocial in nature or those people who vandalize property.

As a human being one should be keen to socialize with other people.

Being antisocial is a mental strain on its own. One will end up hatching devious plans. With associating with other people you get to appreciate humanity. Mainly, you will get fruitful ideas on how to conduct properly your own life. This is why at work or at school there are break times to allow people to gather around and exchange ideas and notes. At the university people who were antisocial missed out a lot. Opportunities come when people converse. You are advised of things that you are looking for. This is why it's noted no man is an island. At some point, you need somebody to just pay a listening ear to your life story.

Being left to your own

In the mind of an antisocial being they are scared of what other people might think of them. Others because of lack of self confidence will wear the armour of being antisocial.



devices might lead one on the wrong path. Research has it that psychopaths are antisocial in nature or those people who vandalize property. An idle mind is a devil's workshop and that's related to antisocial people who hate to associate with other people. For parents, this is a cause of concern therefore the need to watch your children with a hawk's eye if they are falling in the antisocial clutches.

If worst comes to worse these individuals require therapy sessions. This is because some end up this way for they would have gone through a traumatic experience in their lives. Thus this will lead them to shun other people as they evolve into mentally disturbed monsters. Mainly, abuse tops the list on making anti social people.

In the mind of an antisocial being they are scared of what other people might think of them. Others because of lack of self confidence will wear the armour of being antisocial. The causes are a plethora of them of what causes it to take root.

The general consensus is that it's not a good thing because it deprives one to enjoy life to the fullest. Group time is rewarding because it brings about a sense of belonging and purpose. In fact this is why other countries top the ranks in promoting collectivism such as the Asian countries rather than the individualism view point because they fear one if not watched closely might turn to anti socialism. When one is in that mode, he or she is prone to do anything because they don't feel for the next person. To them all that matters is their feelings and nothing else which is a bad way of seeing life. Without doubt, we all should coexist on this face of earth in harmony.

It all comes down to respecting others as it is rightfully said in the bible do unto others what you would expect them to do unto you. Suffice to say, the more the merrier. Ideally, two heads are better than one. Given we are living in hard times having survived the Covid-19 pandemic era we all need

each other. The moment you set yourself aside from the rest of the people you are brewing untold trouble to yourself.

Also, that behavior alone will put off people because as human beings we have a tendency to warm up to a good reception. Notably being given a cold shoulder shuts off people to want to be associated with you and before you know it one will be a confirmed recluse who is antisocial. The long and short of it revel in your relations in life because they make who you are. They also give you an identity by association. Being anti social is not the route to go about in life because it is colored with a bad aura. Why condemn and confine yourself to solitude whilst you can get along with other people.

We only have one life and for that reason we need to do good by it.

Article by Abigirl Phiri, Zimbabwe



By Abigirl Phiri-Zimbabwe

summary



Poem Title : Clarity
By: Abigirl Phiri

It's the clarity to look in the windows of the soul
Discern what can not be easily detected
Embracing the multitudes of people with aplomb
Prompting one to excel over life calamities
Anti social the mirror image of apartheid
The zeal is seen in the zest to cohabit
Mother earth is big enough for every creature
Big or small
We all need one another
The definition of one love



DEFINING ANTI-SOCIAL PERSONALITY DISORDER
The General Criteria DSM-V Definition

essential features of personality disorder diagnosis are impairments in personality functioning and pathological personality traits. including the following criteria:

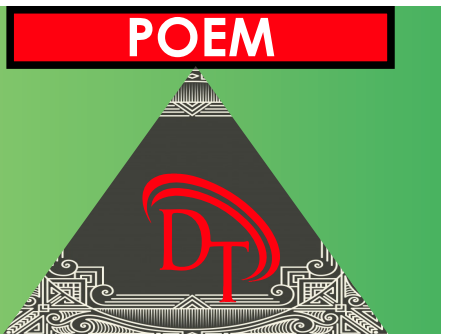
- Significant impairments in self
- One or more pathological personality traits
- Impairments are consistent across time
- The impairments are not normal given the environment and stage of development
- The impairments are not a direct result of substance abuse or a medical condition

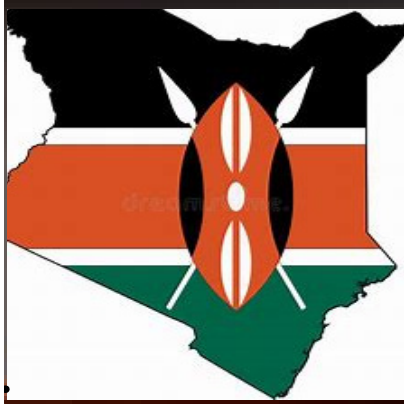
Independent Summary of APA's DSM-V

Antisocial personality disorder, sometimes called sociopathy, is a mental health condition in which a person consistently shows no regard for right and wrong and ignores the rights and feelings of others. People with antisocial personality disorder tend to purposely make others

angry or upset and manipulate or treat others harshly or with cruel indifference. They lack remorse or do not regret their behavior. People with antisocial personality disorder often violate the law, becoming criminals. They may lie, behave violently or impulsively, and have prob-

lems with drug and alcohol use. They have difficulty consistently meeting responsibilities related to family, work or school. Adults with antisocial personality disorder usually show symptoms of conduct disorder before the age of 15.





Kijana Wamalwa

FALLEN HERO

Kijana Wamalwa

Kenya FALLEN HERO



Rest In Peace

Michael Christopher Kijana Wamalwa

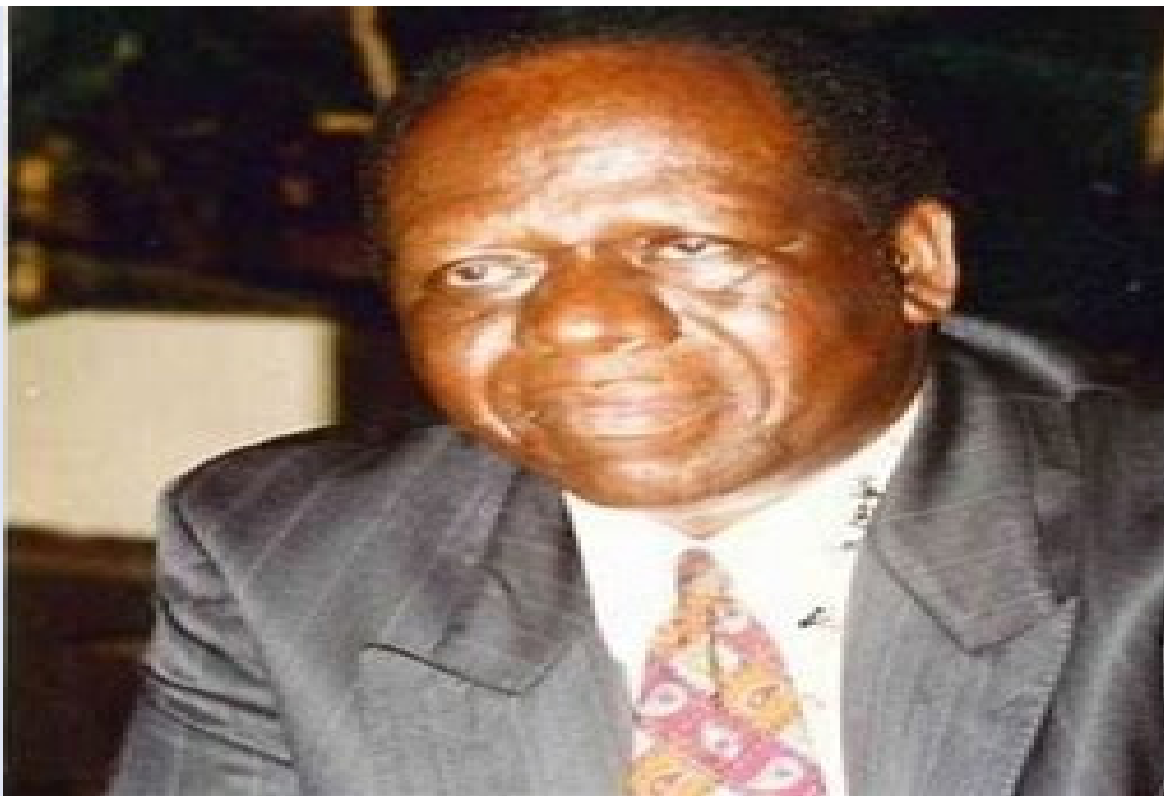
Michael Christopher Kijana Wamalwa (25 November 1944 – 23 August 2003) was a renowned Kenyan politician who at the time of his death was serving as the eighth Vice-President of Kenya.

Michael Christopher Kijana Wamalwa (25th November 1944 – 23 August 2003) was a renowned Kenyan politician who at the time of his death was serving as the eighth Vice-President of Kenya.

Early life

Michael Christopher Kijana Wamalwa was born in Sosio, a village near Kimilili in Kenya's Bungoma district. He was the son of an influential MP, William Wamalwa. He went on to become head boy and the best debater at his secondary school, Strathmore School.

He won a national essay competition and represented Kenya at a UN student forum. In 1965, he was awarded a Commonwealth scholarship to study law at King's College London, graduating with a



Michael Kijana Wamalwa-Sunrise

third-class honours degree in Law in 1968 before going on to the London School of Economics. He was called to the bar at Lincoln's Inn in 1970.

He returned to Kenya that same year and taught law at the University of Nairobi. Some of the students he taught there would later become his political allies and opponents. During this period, he also ran the family farms in the Kitale area, as well as holding several prominent government positions, including general manager of the Kenya Stone Mining Company and director of the Kenya-Japan Association.

Politics

Wamalwa's first foray into politics came in Kenya's 1974 parliamentary election. Just 30, his opponents painted him as too young and from too wealthy a background to effectively represent his constituency. His campaign was flashy: it included the use of

an aircraft and extravagant public rallies. He finally won a seat in 1979, as a protégé of Masinde Muliro.

In the run-up to the first multi-party elections in post-independence Kenya, in 1992, Wamalwa identified with the Ford Kenya faction of the FORD opposition movement. He was elected MP for Saboti Constituency, as well as the First Vice Chairman of his party. In January 1994, he became chairman of Ford Kenya following the death of Oginga Odinga. Wamalwa went on to contest the 1997 Kenyan elections as a leader of the opposition, but he fared badly and came only fourth in the nationwide tally of votes.

Political life

Alongside Tom Mboya, Ronald Ngala and PLO Lumumba, Wamalwa was a gifted Kenyan orator. He sacrificed his riches to assist the poor and needy by

paying school fees and assisting in raising living standards of the poor. He started the Touch Africa foundation with a view toward empowering youths, the poor, and the needy to realize their dreams.

He was a member of Parliament (MP) for Saboti Constituency, in Trans-Nzoia District, Rift Valley Province. His home town was Kitale. Perhaps uniquely in Kenyan history, he managed to secure votes without tribal/ethnic chauvinism.

He was thought of as an automatic successor of President Mwai Kibaki.

By Dr. Jean Kamau
Excerpts from Sms Diary
jean@gmail.com

summary



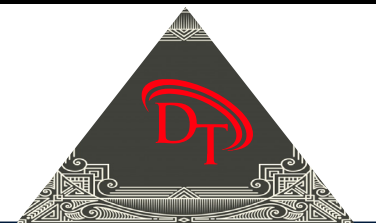
RIP

In the run up to the 2002 general elections, Wamalwa closed ranks with fellow opposition stalwarts in a bid to wrestle KANU out of power. KANU had been the ruling party since independence.

He joined fellow 1997 presidential candidates Charity Kaluki Ngilu and Mwai Kibaki and formed an alliance. They were later joined by Raila Odinga who had also contested in the 1997 presidential elections, and Kalonzo Musyoka who jumped ship from KANU after all indications proved that president Daniel Toroitich Arap Moi had settled on his predecessor's son Uhuru Kenyatta as his heir to the presidency.

This was seen in bad light by many KANU stalwarts who joined Musyoka and Odinga into the broad opposition alliance that formed the National Rainbow coalition (NARC) that swept KANU from power. Mwai Kibaki was elected president and in turn rewarded Wamalwa with the Vice Presidency for his contribution to his presidential win.

Kijana Wamalwa





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07

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"Do not go where the path may lead, go instead where there is no path and leave a trail." -Ralph Waldo Emerson

07

Many of life's failures are people who did not realize how close they were to success when they gave up. -Thomas A. Edison

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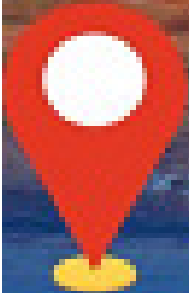
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Kenya and Diaspora

Romans 14:8 - If we live, we live for the Lord, and if we die, we die for the Lord. Therefore, whether we live or die, we belong to God.



Death and funeral Announcements



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NEWS Briefs



HIGHLIGHTS

BIDEN HIGHLIGHTS



A broad coalition of the Kennedy family endorsed President Biden on Thursday at a campaign rally in Philadelphia, pointedly rejecting one of their own in Robert F. Kennedy Jr., the independent candidate who many Democrats believe poses a significant threat to Mr. Biden's re-election chances.

Among the relatives of Mr. Kennedy who backed Mr. Biden were his siblings Joseph, Kerry, Rory, Kathleen, Maxwell and Christopher. Roughly a dozen Kennedys appeared at the rally, where Kerry Kennedy introduced Mr. Biden. Joe Kennedy III, Mr. Kennedy's nephew and a former Democratic congressman from Massachusetts, was expected to introduce the president at a second event.

Biden says military unable to recover uncle's remains during WWII because 'there used to be a lot of cannibals' in New Guinea

The White House did not provide additional details around Biden's claim that cannibals prevented the recovery of Finnegan's remains.

President Joe Biden on Wednesday suggested twice that the United States was unable to recover his uncle Ambrose Finnegan's remains after Finnegan's plane crashed near New Guinea during World War II, "because there used to be a lot of cannibals" in the region.

Biden's accounting of his uncle's death — and possible cannibalization — differs from the account published by the Defense POW/MIA Accounting agency, which says Finnegan's plane, an A-20 Havoc headed to New Guinea on a courier flight, was "forced to ditch in the ocean" off the coast of the island "for unknown reasons."



President Joe Biden

him — Ambrose, they called him Bosie... and he became an Army Air Corps, before the Air Force came along, he flew those single engine planes as reconnaissance over war zones," Biden said during remarks at the United Steelworkers Headquarters in Pittsburgh. "And he got shot down in New Guinea, and they never found the body because there used to be a lot of cannibals — for real — in that part of the New Guinea."

The president also told the story before departing Scranton, Pennsylvania, earlier in the day. There was, in fact, documented cannibalism in

the region in the mid-20th century. But the DPAA entry for Finnegan says three men "failed to emerge from the sinking wreck and were lost in the crash," and that an aerial search the following day "found no trace of the missing aircraft or the lost crew members." An additional crew member survived the crash, per the report.

Biden's claim — that the military was ultimately unable to recover Finnegan's remains — appears to be true. He is memorialized on the Walls of the Missing at the Manila American Cemetery in the Philippines. During his

trip to Pennsylvania earlier Wednesday, Biden visited a veterans' memorial in Scranton, where he paid his respects to his uncle, who is also memorialized at the site.

"President Biden is proud of his uncle's service in uniform, who lost his life when the military aircraft he was on crashed in the Pacific after taking off near New Guinea,"

Story share from CNN



Joe Biden suggested that his missing uncle may have been eaten by cannibals in Papua New Guinea after his plane crashed during World War II.

The 81-year-old US president revealed the bizarre claim during a stop in Pittsburgh on Wednesday to speak to members of the United Steelworkers Union. He told the group that uncle Ambrose Finnegan, one of his mother's four brothers, volunteered to join the military after D-Day.

"He got shot down in an area where there were a lot of cannibals at the time," Biden told reporters earlier in the day after visiting a Scranton war memorial etched with his uncle's name.

The President highlighted his uncle's story as he made the case for honoring our 'sacred commitment...to equip those we send to war and take care of them and their families when they come home,' and as he reiterated that the last thing American veterans are is 'suckers' or 'losers.'"



Arch Dr. I KINUNGI Behind the vision

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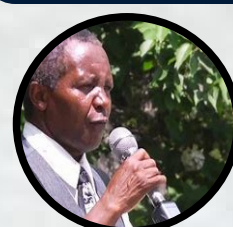
THE FUTURE TODAY



Charles Kabiriri Activist, Kenya

"Its all about dreams. Dreams cost nothing, they are free" -Sylvester Stallone

Our dedicated contributors to different topics make the newspaper to continue informing the Diaspora the current affairs of where they live and back home



Dr Isaac Kinity



Abigail Phiri



Memory Phiri

Senior Reporters



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Diaspora Sunday

"For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future."
- Jeremiah 29:11:

PRAYERS

Prayer for a Healthy Cardiovascular and Respiratory System

God of Might, please give me a healthy cardiovascular and respiratory system, so that I don't have any circulation or breathing issues that would damage my well-being. I pray that You will contend with any inherited propensities to heart or lung disease and help me make important changes to my lifestyle to promote healthy circulation and respiration. I praise You for splendid and majestic is Your work, O Lord. Amen.

Prayer for Prosperity of Health

Highly Exalted Lord, I ask for prosperity for my body. Please grant me many years of life, a sound mind, strength to my muscles, bones, heart, and lungs, a powerful immune system, and excellent agility. The healthier I am, the more thoroughly I can do Your work. Lord, I thank You that when I pay attention to Your words and keep them within my heart that they bring health to my whole body. Amen.

Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs.

"Blessed are those who hunger and thirst for righteousness, for they will be filled." **MATTHEW 5:6 NIV**

Deuteronomy 31:6
Be strong and courageous. Do not fear or be in dread of them, for it is the Lord your God who goes with you. He will not leave you or forsake you."

Isaiah 41:10 ~ Fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

HEAL ME, O LORD, AND I SHALL BE HEALED; SAVE ME, AND I SHALL BE SAVED; FOR THOU ART MY PRAISE.
Jeremiah 17:14

ALL Things WORK TOGETHER for Good for those who Love GOD
ROMANS 8:28



The world and its desires pass away, but whoever does the will of God lives FOREVER

1 John 2:17



Pastor Mukuria

The Message Colossians 3:23

Whatever you do, do it from the heart, as to the Lord and not to men.



Brother Kigume

Without commitment, you cannot have depth in anything, whether it is a group, relationship, business or friendship. When you are committed, you will put more energy and be expectant to get better results.

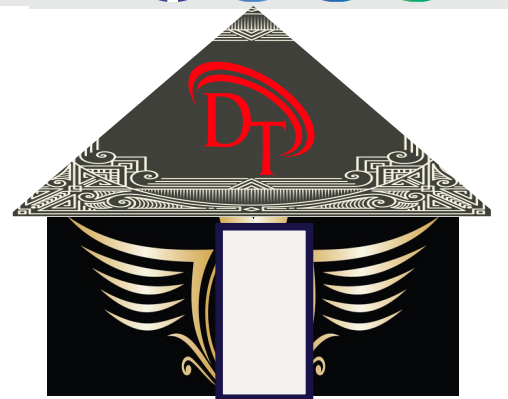


You may say I'm a dreamer, but I'm not the only one. I hope someday you'll join us. And the world will live as one. -John Lennon

If you set your goals ridiculously high and it's a failure, you will fail above everyone else's success. -James Cameron



Health Tit Bits



ACUTE KIDNEY FAILURE.



These diseases, conditions and agents may damage the kidneys and lead to acute kidney failure:

By Maggie Gonna
mngona@gmail.com
Internet MC sources Share only

summary

Acute kidney failure occurs when your kidneys suddenly become unable to filter waste products from your blood.

When your kidneys lose their filtering ability, dangerous levels of wastes may accumulate, and your blood's chemical makeup may get out of balance.

Acute kidney failure — also called acute renal failure or acute kidney injury — develops rapidly, usually in less than a few days. Acute kidney failure is most common in people who are already hospitalized, particularly in critically ill people who need intensive care.

Acute kidney failure can be fatal and requires intensive treatment. However, acute kidney failure may be reversible. If you're otherwise in good health, you may recover normal

Diseases and conditions that block the passage of urine out of the body (urinary obstructions) and can lead to acute kidney injury include:
Bladder cancer
Blood clots in the urinary tract
Cervical cancer
Colon cancer
Enlarged prostate
Kidney stones
Nerve damage involving the nerves that control the bladder



Kidney failure can be managed if detected early

or nearly normal kidney function.

Acute kidney failure is often difficult to predict or prevent. But you may reduce your risk by taking care of your kidneys. Try to:

Pay attention to labels when taking over-the-counter (OTC) pain medications. Follow the instructions for OTC pain medications, such as aspirin, acetaminophen (Tylenol, others), ibuprofen (Advil, Motrin IB, others) and naproxen sodium (Aleve, others). Taking too much of these medications may increase your risk of kidney injury. This is especially true if you have pre-existing kidney disease, diabetes or high blood pressure.

Work with your doctor to manage kidney and other chronic conditions. If you have kidney disease or another condition that increases your risk of acute kidney failure, such as diabetes

or high blood pressure, stay on track with treatment goals and follow your doctor's recommendations to manage your condition. Make a healthy lifestyle a priority. Be active; eat a sensible, balanced diet; and drink alcohol only in moderation — if at all. Potential complications of acute kidney failure include:

Fluid buildup. Acute kidney failure may lead to a buildup of fluid in your lungs, which can cause shortness of breath. Chest pain. If the lining that covers your heart (pericardium) becomes inflamed, you may experience chest pain. Muscle weakness. When your body's fluids and electrolytes — your body's blood chemistry — are out of balance, muscle weakness can

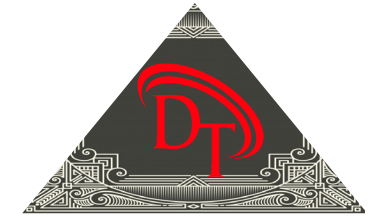
result. Permanent kidney damage. Occasionally, acute kidney failure causes permanent loss of kidney function, or end-stage renal disease. People with end-stage renal disease require either permanent dialysis — a mechanical filtration process used to remove toxins and wastes from the body — or a kidney transplant to survive. Death. Acute kidney failure can lead to loss of kidney function and, ultimately, death.



Acute kidney failure almost always occurs in connection with another medical condition or event. Conditions that can increase your risk of acute kidney failure include:

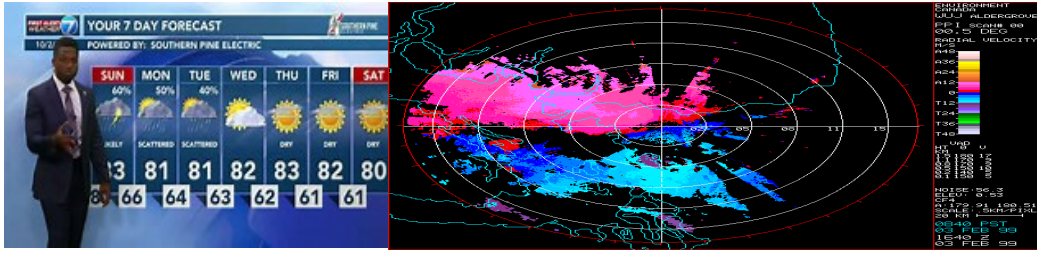
- Being hospitalized, especially for a serious condition that requires intensive care
- Advanced age
- Blockages in the blood vessels in your arms or legs (peripheral artery disease)
- Diabetes
- High blood pressure
- Heart failure
- Kidney diseases
- Liver diseases
- Certain cancers and their treatments

Kidney Failure



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Do not go where the path may lead, go instead where there is no path and leave a trail. -Ralph Waldo Emerson **18** The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart. -Helen Keller



summary

Temperature, rain, snow, fog and wind are all part of weather. Severe weather events such as tornadoes, tropical storms, hurricanes, cyclones, floods, lightning strikes and extreme weather affect us all. In addition to weather forecasts are ozone levels, changing climate conditions and solar winds. Weather warnings are important forecasts because they are used to protect life and property. People use weather forecasts to determine what to wear on a given day or to plan travel or events. Since outdoor activities are severely curtailed by heavy rain, snow and the wind chill, forecasts can be used to plan activities around these events, and to plan ahead and survive them.

WEATHER



Three Dead As Tornadoes, Flash Flooding And Large Hail Wreak Havoc Across Southern U.S.

Widespread thunderstorms are forecast Wednesday across the central Gulf Coast, some of which may produce strong wind gusts and tornadoes. Locally, heavy rain will also be possible with these storms with street flooding possible.



One person was reported dead in Mississippi on Wednesday as more than 30 million people across central Gulf Coast states like Louisiana and Alabama — and stretching further into the Southeastern U.S. — were under severe thunderstorm and tornado warnings. Widespread severe weather has dumped heavy rain, as well as caused storm damage, rescues and an evacuation in the region. Police in Slidell, La.,

part of the New Orleans metro area, warned residents of the dangers of venturing out, as police work to rescue people who were stuck in their vehicles and their homes. What's the path of the storm? On Monday, the storm started barreling down on Texas, before moving east to Louisiana, Mississippi and Alabama. National Weather Service (NWS) meteorologists are warning that the powerful storm system will cause flash flooding and "wi-

despread damaging winds" reaching up to almost 80 mph in the Southeast, multiple tornadoes and large hail through Thursday. As of Wednesday morning, about 300,000 people across Texas, Mississippi and Louisiana were without power, according to PowerOutage.us. By Thursday, the storm is predicted to shift to the Southeast overall, including Georgia, South Carolina, North Carolina and Florida, Fox Weather reported. On Tuesday, over 100,000

Louisiana residents were under several tornado watches spanning from the northeastern to the southeastern part of the state. The NWS had issued a tornado warning for Jackson, St Francisville and Wilson until Wednesday morning. Residents were warned to brace for wind gusts up to 70 mph, with possible Ping-Pong-size hail wreaking havoc on those parts of the state.



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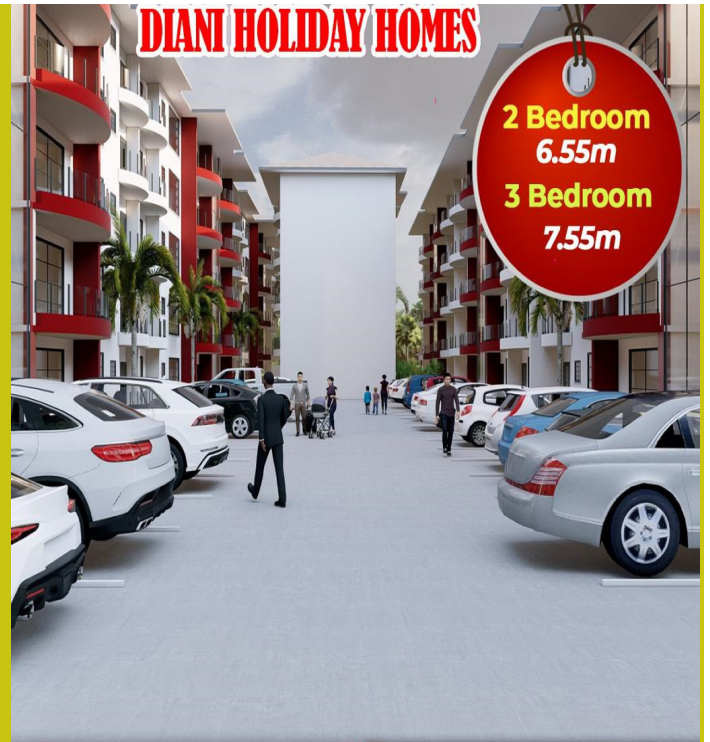
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BACKPAGE

WORLD OF SPORTS

Eagles Have A Real Interest In Signing Giants .



Shared by:
By Tafara
Makusha

The legendary sports radio host and analyst reports that the Eagles are seriously interested in signing former Penn State star Saquon Barkley.

The Eagles need a running back, and three players are testing free agency. A local star could be looking to make a statement to his current team while remaining in the rugged NFC East. Howard Eskin does his bit of news-breaking in Philadelphia. The legendary sports radio host and analyst reports that the Eagles are seriously interested in signing former Penn State star Saquon Barkley. In 14 games last season, Barkley logged 962 yards and six rushing touchdowns, 41 receptions for 280 yards, and four touchdowns for the 6-11 Giants. Barkley would pair well with Kenneth Gainwell while giving Philadelphia



SPORTS WORLD

